

**MISSION STATEMENT**

To help children who have suffered  
the loss of a loved one  
to learn about, embrace and  
cope with grief so that  
they move forward in their  
journey of healing

SPONSORED BY

**CENTER FOR LIFE EXPERIENCES**

Growing Communities  
of Hope & Healing



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**HEALING HEARTS SUPPORT GROUP**

Offers hope, comfort, and empowerment to bereaved  
parents and families in a confidential, caring,  
respectful environment.



CONTACTS

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**Helping children ages 7-12**

**In Northwest Kansas  
Cope With Grief & Loss**

**April 14, 2018**

**9:30 a.m. to 4:00 p.m.**

**Sternberg Museum  
3000 Sternberg Dr. Hays, KS**

Center For Life Experiences  
2900 Hall St.  
Hays, KS 67601

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## PURPOSE

The purpose of the retreat is to provide children a safe and confidential place for them to learn about healthy grief and loss in responding to the death of a loved one.

Trained volunteers and professionals will be present and available to listen and support the children as they explore their own feelings and connect with other children who are experiencing similar losses.

Through a variety of activities children learn that there is no one right way to grieve and heal from the loss. They will learn positive ways to honor the person who died and create lasting memories that can provide comfort.

An adult trained and matched “buddy” will guide and support the children throughout the day through a variety of activities that may include but are not limited to:

- \* Creating special keepsakes
- \* Music/drawing/writing
- \* Balloon launch

## WHO CAN PARTICIPATE

**Children ages 7-12** who have experienced the loss of a loved one, friend or special companion are invited to apply for the “Healing Kids’ Hearts” retreat. The cost is \$10 per child which includes a T-shirt, tote, lunch and snacks. The cost for families with two or more children attending will be \$5 per child. Scholarships available: Please inquire.

**Adults** who are tending to the emotional, social and spiritual well-being for children as they are healing from a loss are invited to join in a separate session for them during the morning. There will be time to have interactive discussion, questions and answers with professionals, parents and others present.

Also included will be a time for parents who have moved forward in their healing process to share their stories of what has helped them and their children. A time to learn about available resources for families who are healing from a loss will be included. The morning will conclude with lunch. We encourage you to take the afternoon to get away and nurture yourself while your children continue their retreat.

## TO REGISTER

A detailed application will be sent to the adult listed including documents that will need to be completed & returned by:

**March 12, 2018**

Mail to: Center for Life Experience  
or 2900 Hall St., Hays, KS 67601

Email: ccfpc@ruraltel.net

### Adult Contact Information

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone # (s): \_\_\_\_\_

\_\_\_\_\_

Email Address: \_\_\_\_\_

Names & Ages of the Children Attending:

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